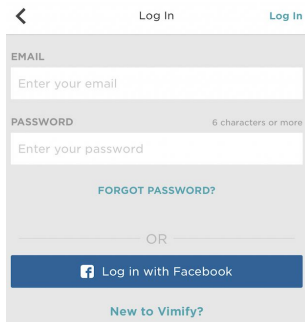


How To Navigate Fit to Give Challenge on Vimify

Before you have access to the Fit to Give documents you will need to create a [Vimify account](#) and register (INSERT) for the Fit to Give challenge. Once you have done this, you will be able to log in and have access to the challenge documents.

Step 1: Log into your vimify account (app or desktop).



Step 2: Once you log in, it will automatically take you to your tasks for the day and you will see the list of tasks to complete.

View picture below to learn how to locate challenge documents (exercise programs, eBook, etc.), the leaderboard, newsfeed, invite others to join, and how to navigate through the challenge days.

